***AGE 18 AND OVER*** RELEASE OF LIABILITY AND HOLD HARMLESS AGREEMENT

By signing below, I acknowledge that I have voluntarily decided to participate in the [INSERT NAME OF EVENT] (“Activity”), organized by Middle Tennessee State University (“MTSU”), currently scheduled for [INSERT DATE(S) OF EVENT]. I understand that the date of the Activity is subject to change, and I agree that this waiver shall apply to my participation on any new date the Activity is held. I have reached the age of majority, and I am competent to make this decision for myself.

Assumption of Risk and Release of Liability: I understand that the Activity involves certain risks, hazards and conditions that may be dangerous to life, limb and property and that can arise in an incalculable variety of unforeseen or foreseeable ways, which may include: bodily injury, death or property damage. I am participating in the Activity with knowledge of the dangers involved and agree to assume the risks associated therewith. I collectively and individually release and agree to indemnify and hold harmless MTSU, its Board of Regents, officers, employees, agents, representatives, volunteers and assigns (“Releasees”) to the fullest extent allowed by law from all rights, claims, demands and damages of any kind, known or unknown, existing or arising in the future resulting from or related to my participation in the Activity. This release will also prevent my family from suing Releases and binds my spouse, if I have one, my estate, siblings, parents, heirs, personal representatives and assigns.

Medical Release: I am not suffering from any medical condition, impairment, or disease that would prevent my safe participation in the Activity. I have disclosed any and all of my medical conditions to the administrators of the Activity. I will use care for my own safety and well-being. I have not been advised by a physician or any other health care provider to limit my participation in activities such as the Activity. I assume responsibility for my participation in the Activity and injury while participating in the Activity.

If any terms and conditions of this Agreement are held to be invalid or unenforceable as a matter of law, the other terms and conditions hereof shall not be affected thereby and shall remain in full force and effect.

**I HAVE READ AND UNDERSTAND THIS RELEASE AND HOLD HARMLESS AGREEMENT IN ITS ENTIRETY AND VOLUNTARILY SIGN SAME, WITHOUT RELIANCE ON ANY REPRESENTATIONS, STATEMENTS OR INDUCEMENTS, EXPRESS OR IMPLIED BY ANY PARTY WHATSOEVER.**

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